

Held at the London Hunt
and Country Club

www.londonhuntclub.com

1431 Oxford St W,
London ON N6H1W1

50th Anniversary of Residents' Research Day

In the Department of Otolaryngology –
Head and Neck Surgery
Friday April 26 2024

**Distinguished Visiting Professor:
Dr. Kathleen Yaremchuk, MD, MSA**

Chair Emeritus of Otolaryngology - Head & Neck
Surgery at Henry Ford Hospital,
Detroit Michigan

**" IF We Knew Then, What We Know Now
About OSA "**



By the end of this session, participants will be able to:

1. Identify opportunities for personalized therapy for OSA
2. Discuss pharmaceutical agents for treatment of OSA
3. Describe alternative therapies for treatment of OSA

**Distinguished Guest Alumnus:
Dr. Hussain Alsaffar, MBBS, FRCS**

Consultant Head and Neck Oncology Surgery and
Microvascular Reconstruction Surgery
King Faisal Specialist Hospital and Research Center,
Riyadh Saudi Arabia

**"Navigating the Path to Success: Resilience and
Strategies for Thriving During Otolaryngology-
Head and Neck Residency"**



By the end of this session, participants will be able to:

1. Review the essential role of Resilience on mentors, peers, and resources in achieving success during otolaryngology residency
2. Describe key challenges and stressors commonly faced by otolaryngology residents and develop strategies for resilience and personal growth
3. Summarize effective time management and self-care techniques for maintaining a healthy work-life balance during residency
4. Illustrate the importance of continuous learning, adaptation, and seeking constructive feedback in the pursuit of excellence as an otolaryngologist-in-training

www.schulich.uwo.ca/otolaryngology/cme/researchday/2024.html

Overall Learning Objectives

By the end of this program, participants will be able to:

1. Critically appraise the scientific presentations with respect to methodology and clinical applicability pertaining to Otolaryngology – Head and Neck Surgery
2. Discuss the scientific presentations and reflect on their potential implications for patient care.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 4.50 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

08:00 – 08:25	Coffee in Exhibitor Area	13:05 – 13:25	Welcome Back and Call to Order
08:25 – 08:35	Welcome	13:25 – 13:35	Dr. Emily Aleksa (Supervisor: Dr. Julie Strychowsky) Surgical Management of Paediatric Complicated Sinusitis.
08:35 – 08:50	Educational Objectives and Call to Order	13:35 – 13:40	Interactive Discussion
08:50 – 09:00	Dr. Brooke Turner (Supervisors: Drs. Kathryn Roth and Michele Weir) Adequacy Rate of Surgeon-Performed Ultrasound Guided Fine- Needle Aspiration Biopsy of Thyroid Nodules: A Quality Assurance Project	13:40 – 13:50	Dr. Palak Suryavanshi (Supervisor: Dr. Julie Strychowsky) Medical Reconciliation in Otolaryngology-Head & Neck Surgery: A Quality Improvement Project
09:00 – 09:05	Interactive Discussion	13:50 – 13:55	Interactive Discussion
09:05 – 09:15	Dr. Daniel Newsted (Supervisor: Dr. Sumit Agrawal) Clinical Validation of a Novel Deep Learning Network for Automatic Cochlear Segmentation	13:55 – 14:05	Dr. James Fowler (Supervisor: Dr. Leigh Sowerby) Management of Anterior Epistaxis in the Emergency Department Using Rapid Rhino and Merocele: A Cost Analysis
09:15 – 09:20	Interactive Discussion	14:05 – 14:10	Interactive Discussion
09:20 – 09:30	Dr. Sami Khoury (Supervisor: Dr. Julie Strychowsky) The Safety of The Laryngeal Mask Airway in Adenotonsillectomy: A Systematic Review and Meta-Analysis	14:10 – 14:20	Dr Andrew Bysice (Supervisor: Dr. Kevin Fung) Leave the Tube In Or Pull It Out? Challenging the Current Thinking About Managing an Airway Fire Using A Porcine Model
09:30 – 09:35	Interactive Discussion	14:20 – 14:25	Interactive Discussion
09:35 – 10:05	Intermission: Coffee with Exhibitors	14:25 – 14:55	Intermission: Coffee with Exhibitors
10:05 – 10:10	Call to Order	14:55 – 15:00	Call to Order
10:10 – 10:20	Dr. Karan Gandhi (Supervisor: Dr. Corey Moore) Robot-Assisted Orbital Rim Reconstruction: A Cadaveric Study	15:00 – 15:05	Introduction of Dr. Hussain Alsaffar, Distinguished Guest Alumnus
10:20 – 10:25	Interactive Discussion	15:05 – 15:50	Navigating the Path to Success: Resilience and Strategies for Thriving During Otolaryngology-Head and Neck Residency
10:25 – 10:35	Dr. Zaid Almubarak (Supervisor: Dr. Leigh Sowerby) Analysis of Repair Costs for Nasopharyngoscopes in Outpatient Clinics at a Tertiary Academic Centre	15:50 – 16:05	Interactive Discussion
10:35 – 10:40	Interactive Discussion	16:05 – 16:10	Residents Day Attendee Draw
10:40 – 10:45	Introduction of Dr. Kathleen Yaremchuk, Distinguished Visiting Professor	16:10 – 16:15	Simon Kirby Most Caring Resident Award
10:45 – 11:30	"IF we knew then, what we know now about OSA"	16:15 – 16:20	Evaluation Form Completion
11:30 – 11:45	Interactive Discussion	16:20 – 16:25	Closing Educational Remarks
11:45 – 13:05	Group Photo in ball room followed by lunch		

This program has received an education grant from:



Additional financial support provided by department endowments